

**Better food labels.** The FDA has proposed adding a percent daily value for added sugars to the Nutrition Facts label on packaged foods. The percentage listed would be based on the FDA's recommendation that added sugars

Saturated fat	0 g	0%	
Cholesterol	0 g	0%	
Total carbohydrate	18 g	6%	
Dietary Fiber	2 g	0%	
Sugar	15 g	3%	
Protein	3 g		
Vitamin A	10%	Vitamin C	18%

should make up no more than 10% of daily calories consumed. Percent daily listings are

intended to help consumers make more informed buying decisions and have long been listed for sodium, saturated fats and other nutrients. The new labels could appear next year.

Lisa Young, PhD, RD, adjunct professor of nutrition, New York University, New York City.

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